

BULLETIN 28, DECEMBER 1926

# Mental Health Clinics



COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT of WELFARE  
BUREAU OF MENTAL HEALTH  
HARRISBURG

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## MENTAL HEALTH CLINICS.

Mental Health Clinics form one of the very best means of reaching early those who need advice as to their mental condition. Being an important part of the comprehensive program for mental health, such clinics have been established as rapidly as possible throughout the State by the Bureau of Mental Health until there are now fifty-five. It is hoped eventually to provide every county in the State with at least monthly consultation facilities.

Effective use of mental clinics necessitates some knowledge of their requirements and their limitations. Appointments should always be made in advance with the clinic secretary, so that a definite hour for consultation may be arranged, and provision made for psychometric examinations when necessary. The secretary will also supply the standard history blank, on which should be recorded the very essential preliminary information. Psychiatrists do not make diagnoses and give advice just by looking at people or hearing them talk. Such data as family and personal history, a summary of a general physical examination with such laboratory reports as may be available, school records in the cases of children, and reasons for reference to the clinic should be at hand for the information of the consultant. Relatives or responsible friends acquainted with the situation should accompany the patient.

Individuals and agencies interested in the welfare of the patients should make an effort to carry out to the fullest extent possible the recommendations of the clinic consultants. The follow-up activities are necessarily local responsibilities.

Owing to the extent of territory to be covered, it is difficult to provide clinic service adequately on account of the limited personnel. In many counties, mental health clinics are adjuncts of the various mental hospitals, with the staff physicians acting as consultants at places conveniently located. In order to reach communities too remote from State or county hospitals, the Bureau has established regular clinics conducted by the field psychiatrist and three psychologists. Detailed information as to existing clinics, special consultation facilities, and the establishment of such services in localities not yet so provided may be obtained from the Bureau of Mental Health, Department of Welfare, Harrisburg.

### CLINIC SCHEDULE

*Allentown*—1st Monday. Sacred Heart Hospital, 421 Chew Street.  
Consultants from Allentown State Hospital.  
Secretary, Sister Columba, Sacred Heart Hospital.

*Allentown*—3d Monday. Allentown General Hospital, 1627 Chew Street.  
Consultants from Allentown State Hospital.  
Secretary, Mrs. Anna M. Roberts, Director of Social Service, Allentown General Hospital.

*Altoona*—2d Friday. Altoona Hospital, Howard Avenue and Seventh Street.

Consultants from Blair County Hospital.

Secretary, Miss Mary Davis, Probation Officer, Altoona Trust Building.

*Beaver County*—3d Wednesday. Red Cross Rooms, 1305 Third Avenue, New Brighton.

Consultant, Dr. W. W. Richardson, Mercer Sanitarium.

Secretary, Dr. Alice Jones, Director, Beaver County Child Bureau, Red Cross Rooms, New Brighton.

*Berwick*—2d Monday. Red Cross Rooms, 344 Market Street.

Consultant, Dr. H. V. Pike, Danville State Hospital.

Secretary, Miss Dunphy, R. N., Red Cross Rooms.

*Bethlehem*—2d Monday. St. Luke's Hospital. Ostrum Street and St. Luke's Place.

Consultants from Allentown State Hospital.

Secretary, Mrs. Mary Kelly, Social Service Director, St. Luke's Hospital.

*Bradford County*—4th Friday. Meets in the various towns of the County.

Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.

Secretary, Mrs. F. C. Stehle, Director of Red Cross, Court House, Towanda.

*Butler*—Tuesday after 1st Friday. State Clinic Rooms.

Consultant, Dr. Harvey M. Watkins, Supt., Polk State School.

Secretary, Mrs. J. C. Thoburn, 630 Center Avenue.

*Carlisle*—3d Friday. Welfare Workers' Association, Room 17, Sentinel Building.

Consultant, Dr. C. M. Dennison, Harrisburg State Hospital.

Secretary, Miss Mary Compton, Welfare Worker.

*Chambersburg*—3d Friday. Probation Office, Court House.

Consultant, Dr. R. F. L. Ridgway, Harrisburg State Hospital.

Secretary, Mrs. Mary S. G. Buch, Court House, Chambersburg.

*Chester*—4th Tuesday. Chester Hospital, 9th and Barclay Sts.

Consultant, Dr. J. P. Sands, Friends Hospital, Frankford, Philadelphia.

Secretary, Miss B. Stevenson, Social Worker, Chester Hospital.

*Clearfield*—Thursday before 2d Friday. Red Cross Rooms.

Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.

Secretary, Miss May Witherow, Red Cross.

*Coatesville*—1st Friday. Y. M. C. A., Lincoln Highway.

Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.

Secretary, Miss Ethel M. Thomas, Field Representative, Bureau of Mental Health, 3408 Spring Garden Street, Philadelphia.

*Danville*.—1st Friday. State Clinic Rooms, 110 Broome Street.  
Consultant, Dr. H. V. Pike, Danville State Hospital.  
Make appointments with Dr. Pike.

*Doylestown*.—1st Monday. High School.  
Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.  
Secretary, Miss Ellen Ross, "Roscommon", Doylestown.

*Easton*.—4th Monday. Easton Hospital, 656 Wolfe Street.  
Consultants from Allentown State Hospital.  
Secretary, Mrs. James Tupper, College Campus, Easton.

*Erie Schools*.—(By appointment).  
Consultants from Warren State Hospital.  
Make appointments with Miss Elizabeth Milne, Visiting Teacher, Board of School Directors, Erie.

*Franklin*.—4th Friday. Red Cross Rooms, 1322 Liberty Street.  
Consultant, Dr. Harvey M. Watkins, Supt., Polk State School.  
Secretary, Miss Clara Beach, Red Cross.

*Gettysburg*.—4th Tuesday. Court House.  
Consultant, Dr. R. F. L. Ridgway, Harrisburg State Hospital.  
Secretary, Miss Margaret McMillan, Probation Officer, Court House.

*Greensburg*.—Monday after 1st Friday. Y. M. C. A.  
Consultant, Dr. C. R. McKinniss, Supt., Torrance State Hospital.  
Secretary, Miss Louise Brunot, American Red Cross, Court House.

*Hazleton*.—2d Monday. Red Cross Rooms, 1-3 City Hall.  
Consultant, Dr. Jessie P. Janjigian, 1043 Wyoming Avenue, Forty Fort.  
Secretary, Miss Anna Bock, State Clinic Rooms, City Hall.

*Huntingdon*.—2d Tuesday. State Clinic Rooms, 516 Penn Street.  
Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.  
Secretary, Miss Julia Black, R. N., State Nurse.

*Indiana*.—Wednesday before 1st Friday. Red Cross Rooms, 40 South Ninth Street.  
Consultant, Dr. C. R. McKinniss, Supt., Torrance State Hospital.  
Secretary, Mrs. Twilla G. Bottenhorn, R. N., Red Cross Rooms.

*Jenkintown*.—1st Thursday. Public Health Center, Old York Road.  
Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.  
Secretary, Miss Evelyn Carpenter, Executive Secretary, Public Health Center.

*Lancaster*.—2d Thursday. Lancaster General Hospital, 428 North Lime Street.  
Consultant, Dr. R. F. L. Ridgway, Harrisburg State Hospital.  
Secretary, Mrs. M. F. Coppinger, Social Worker, Lancaster General Hospital.

*Lebanon*—3d Tuesday. Good Samaritan Hospital, Fourth and Walnut Streets.

Consultant, Dr. J. E. Robbins, Wernersville State Hospital.

Secretary, Miss Ida Nudell, R. N., Supt., Good Samaritan Hospital.

*Lock Haven*—4th Monday. State Clinic Rooms, 127 Susquehanna Avenue.

Consultant, Dr. H. V. Pike, Danville State Hospital.

Secretary, Mrs. Eleanor R. Faunce, Supt., Lock Haven Hospital.

*Meadville*—1st Thursday. Associated Charities Rooms, Market House.

Consultant, Dr. W. J. Wehrle, Meadville.

Secretary, Miss Helen Easterwood, Crawford County Children's Aid Society.

*Montrose*—4th Monday.

Red Cross Rooms.

Consultant, Dr. David Brewster, Montrose.

Secretary, Mrs. L. T. Sturdevant, R. N., Red Cross, Montrose.

*New Castle*—1st Friday. Associated Charities, 8½ East Street.

Consultant, Dr. Harvey M. Watkins, Supt., Polk State School.

Secretary, Miss Anna Gilliland, Associated Charities.

*Norristown*—4th Monday.

Court House Annex, Penn Street.

Consultants from Norristown State Hospital.

Secretary, Miss C. M. Landis, Court House Annex, Penn Street.

*Oil City*—4th Wednesday. Red Cross Rooms, 327-328 Chambers Building.

Consultant, Dr. Harvey M. Watkins, Supt., Polk State School.

Secretary, Mrs. Mary Bookhammer, Probation Officer.

*Palmerton*—1st Tuesday.

Palmerton Neighborhood House.

Consultant, Dr. H. E. Hoffman, Allentown State Hospital.

Secretary, Mrs. John Flynn, Palmerton Neighborhood House.

*Philipsburg*—2d Friday.

State Hospital.

Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.

Secretary, Miss Anna Lauman, R. N., Supt., State Hospital.

*Pottsville*—2d Thursday. Pottsville Hospital, Mauch Chunk and Jackson Streets.

Consultants from Schuylkill County Hospital.

Make appointments with Mrs. Margaret T. Bailey, R. N., Director of Nurses, Pottsville Hospital.

*Reading*—Weekly.

429 Walnut Street.

Consultant, Dr. J. E. Robbins, Wernersville State Hospital.

Secretary, Miss Frances Foster, Executive Secretary; Reading Mental Health Clinic.

*Reading School*—3d Wednesday.

Administration Building.

Consultant from Pennhurst State School.

Make appointments with Miss Mabel Kessler, School Psychologist.

- Scranton*—4th Wednesday. Dispensary of Jewish Federation, 440 Wyoming Avenue.  
 Consultant, Dr. T. A. Rutherford, Supt., Hillside Home, Clark's Summit.  
 Secretary, Miss Catherine O'Boyle (Telephone 5281), Big Brother Organization, Chamber of Commerce Building.
- Shamokin*—2d and 4th Tuesdays. State Clinic Rooms, 543 Market Street.  
 Consultant, Dr. H. V. Pike, Danville State Hospital.  
 Secretary, Miss Bertha Fullmer, R. N., Visiting Nurse Association.
- Sharon*—1st Wednesday. Buhl Hospital, 740 East State Street.  
 Consultant, Dr. Harvey M. Watkins, Supt., Polk State School.  
 Secretary, Miss Ann Beharry, Shenango Valley Community Fund, 40 Vine Street.
- Sunbury*—3d Friday. State Clinic Rooms, 26 N. Fourth Street.  
 Consultant, Dr. H. V. Pike, Danville State Hospital.  
 Secretary, Miss Anne Hileman, R. N., State Clinic Rooms.
- Stroudsburg*—Clinics arranged occasionally on 3d Tuesday. State Clinic Rooms, 539 Main Street.  
 Consultants from Allentown State Hospital.  
 Secretary, Miss Mabel Bushong, R. N., State Clinic Rooms.
- Uniontown*—Thursday before 1st Friday. Red Cross Rooms, 414-16 Fayette Title and Trust Building.  
 Consultant, Dr. C. R. McKimmiss, Supt., Torrance State Hospital.  
 Secretary, Miss Edith Sturgis, Fayette County Red Cross.
- Warren*—Mondays. State Hospital.  
 Make appointments with Dr. H. W. Mitchell, Supt., Warren State Hospital.
- Washington*—1st Friday. Red Cross Rooms.  
 Consultant, Dr. R. L. Hill, Woodville.  
 Secretary, Mrs. Clarence Stevens, Red Cross.
- Waynesburg*—Clinics arranged occasionally through the Red Cross.  
 Secretary, Red Cross Nurse, Greene County Red Cross, Waynesburg.
- West Chester*—4th Wednesday. Juvenile Home, 228 W. Gay St.  
 Consultant, Dr. A. W. Gottschall, Supt., Chester County Hospital.  
 Secretary, Miss Deborah Warrington, Probation Officer, Juvenile Home.
- Wilkes-Barre*—1st and 3d Tuesdays. Health Center, 54½ West Union Street.  
 Consultant, Dr. H. V. Pike, Danville State Hospital.  
 Secretary, Dr. Jessie P. Janjigian, Health Center.
- Williamsport*—2d and 4th Fridays. Health Center, 164 Pine St.  
 Consultant, Dr. H. V. Pike, Danville State Hospital.  
 Secretary, Mrs. V. Catherman, R. N., Health Center.

*York*—1st Friday. Red Cross Rooms, 35 East Market Street.  
Consultant, Dr E. M. Green, Supt., Harrisburg State Hospital.  
Secretary, Miss Ruth Clark, Red Cross.

*Pike County*—Clinics arranged occasionally.  
Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.  
Secretary, Miss Stella Gerber, State Nurse, Milford.

*Brookville*—Clinics arranged occasionally. Red Cross Rooms.  
Consultant, Dr. Harvey M. Watkins, Supt., Polk State School.  
Secretary, Miss Lois Pattison, R. N., Red Cross.

*Tioga County*—Clinics arranged occasionally.  
Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.  
Secretary, Mrs. Walter Merrick, Wellsboro.

*Spangler*—Clinics arranged occasionally. Miners' Hospital.  
Consultant, Dr. G. F. Willey, Field Psychiatrist, Bureau of Mental Health.  
Secretary, Miss Nelle Murphy, R. N., Carrolltown.

*Eric*—Warren State Hospital Consultant. Only for indigent cases investigated by Associated Charities.

There are other clinics in Harrisburg, Pittsburgh and Philadelphia, which do not come under the supervision of the Bureau of Mental Health. Information about these clinics may be obtained upon request from the local authorities.

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## BULLETINS OF THE DEPARTMENT OF WELFARE

A copy of any of the publications listed below will be mailed upon application as long as the supply lasts:

Bulletin  
Number.

1. Manual of Mothers' Assistance Fund.
2. Instruction Manual, Uniform Accounting System for General Hospitals.
3. Mental Health Clinics. October, 1922.
4. Some Undesirable Habits and Suggestions as to Treatment. Written by Dr. Jessie Taft and issued by Children's Bureau.
7. Standards of Placing Out, Supervision and After-Care of Dependent Children.
8. Mental Health Clinics. May, 1923.
9. Directory of Children's Institutions and Child-Caring Societies.
10. Handbook of State Institutions.
11. Instructions for Making Out Prisoner's Application for Situation on Discharge.
12. Instructions for Making Out Prisoner's Classification Card.
13. Using Foster Homes Wisely, By Charles G. Girelius.

14. Report to the General Assembly of the Mothers' Assistance Fund.
15. Mental Health Clinics. April, 1924.
16. Child Care in Institutions.
17. A study of Day Nurseries in Pennsylvania. By Helen Glenn Tyson.
18. Biennial Report of the Department of Welfare.
20. Poor Relief in Pennsylvania. Study by Emil Frankel.
21. Poor Relief in Pennsylvania. State-wide Survey, by Emil Frankel.
22. Child Nutrition. By Katharine A. Pritchett.
23. Rules, Regulations Minimum Standards for Boarding Houses for infants.
24. Mental Health Clinics. November, 1925.
25. State Aided Hospitals in Pennsylvania.
27. Biennial Report, Secretary of Welfare, 1925-26.
28. Mental Health Clinics, December, 1926.

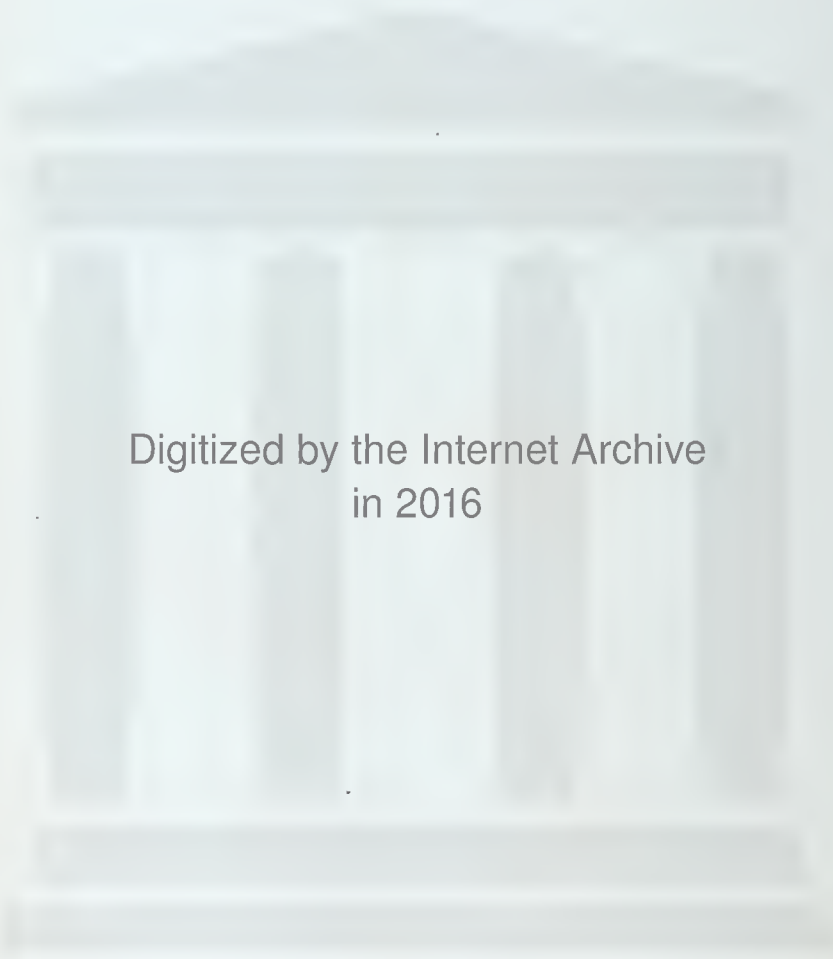
In addition the Department of Welfare has for distribution copies of the following publications, which are not official bulletins:

Flour Valuation, an address given before the Stewards' Conference of the State Departments of Health, Public Instruction and Welfare, By Charles H. Briggs.

A Health Program for Institutions, By Dr. Horace H. Jenks.

Better Service to Children from a Business Standpoint, By Nina M. Steele.





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